

ZOOM keyboard commands for Mac:

- **Command(⌘)+J:** Join Meeting
- **Command(⌘)+Control+V:** Start Meeting
- **Command(⌘)+J:** Schedule Meeting
- **Command(⌘)+Control+S:** Screen Share via Direct Share
- **Command(⌘)+Shift+A:** Mute/unmute audio
- **Command(⌘)+Control+M:** Mute audio for everyone except the host (only available to the host)
- **Command(⌘)+Control+U:** Unmute audio for everyone except host (only available to the host)
- **Space:** Push to talk
- **Command(⌘)+Shift+V:** Start/stop video
- **Command(⌘)+Shift+N:** Switch camera
- **Command(⌘)+Shift+S:** Start/stop screen share
- **Command(⌘)+Shift+T:** Pause or resume screen share
- **Command(⌘)+Shift+R:** Start local recording
- **Command(⌘)+Shift+C:** Start cloud recording
- **Command(⌘)+Shift+P:** Pause or resume recording
- **Command(⌘)+Shift+W:** Switch to active speaker view or gallery view, depending on current view
- **Control+P:** View previous 25 participants in gallery view
- **Control+N:** View next 25 participants in gallery view
- **Command(⌘)+U:** Display/hide Participants panel
- **Command(⌘)+Shift+H:** Show/hide In-Meeting Chat Panel
- **Command(⌘)+I:** Open invite window
- **Option+Y:** Raise hand/lower hand
- **Ctrl+Shift+R:** Gain remote control
- **Ctrl+Shift+G:** Stop remote control
- **Command(⌘)+Shift+F:** Enter or exit full screen
- **Command(⌘)+Shift+M:** Switch to minimal window
- **Ctrl+Option+Command+H:** Show/hide meeting controls
- **Ctrl+Shift+R:** Gain remote control
- **Ctrl+Shift+G:** Stop remote control
- **Ctrl+\:** Toggle the "Always Show meeting controls" options in Settings/Accessibility
- **Command(⌘)+W:** Prompt to End or Leave Meeting

Chat Shortcuts

- **Command(⌘)+K:** Jump to chat with someone
- **Command(⌘)+T:** Screenshot

General Shortcuts

- **Command(⌘)+W:** Close the current window
- **Command(⌘)+L:** Switch to Portrait or Landscape View, depending on current view
- **Ctrl+T:** Switch from one tab to the next